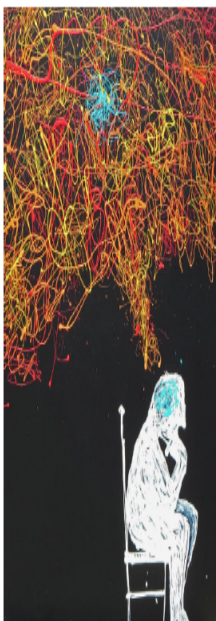


# WCI Chatter

## Sunday, November 28, 2021

### ANNOUNCEMENTS

## Sponsorship Workshop



Do you have...doubts? Questions about sponsoring others? How to go about finding a Sponsor?

Feel a need to improve your work with others? Fear you could have done more?

Reluctant to make suggestions to a sponsee, for a fear they'll drink?

Afraid you'll hurt the feelings of those you try to help?

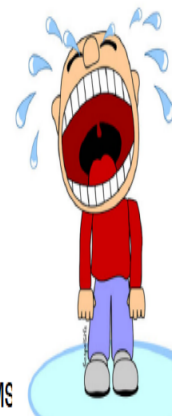
How should you choose a sponsor?

These and dozens of other questions plague us daily as we try to help others and navigate this program.

If you have questions, insecurities, or desire more knowledge about sponsoring, this is the workshop for you!

We all have them!

- **Saturday, December 4, 2021 – Doors Open 10:00am, Workshop 10:30-12:30**
- **Peace in Christ Lutheran Church: 8798 Adventure Ave., Walkersville, MD 21793**
- Panel Discussion Followed By Q & A
- No Charge, Donations Accepted
- Coffee, Decaf, Water, & Donuts provided by Westcentral Intergroup



I CALLED MY SPONSOR TO TALK ABOUT MY PROBLEMS

HE SAID THEY ARE ALL OF MY OWN MAKING

# **A Frederick Tradition Returns!**

**The Christmas and New Year**

**24 Hour Alcathon**

**The Frederick Presbyterian Church**

**115 W 2nd St, Frederick, MD 21701**

**Food will be provided**

**Bring your meeting to this Great Event**

**The fee to Host your meeting is \$20 per AA Group**

**All are Welcome to Attend (Free)**

**For more information:**

**Please Contact Tony C. at (240) 439-9510**



## ***Looking for a Meeting?***

### **The Alcoholics Anonymous Meeting Guide App:**

Brought to you by Alcoholics Anonymous World Services, Inc., Meeting Guide is a free of charge meeting finder app for iOS and Android that provides meeting information from A.A. service entities in an easy-to-access format.

**Link:** [Alcoholics Anonymous : Meeting Guide \(aa.org\)](http://aa.org)

---

#### **MALE SPEAKERS NEEDED – NEW MEETINGS AT MOUNTAIN MANOR**

The long-term program at Mountain Manor, (New Horizon - Males) has an immediate need for speakers to bring AA meetings each Friday at 7:30 pm and each Saturday 1:30 pm. No more than 2 male speakers per meeting.

To be eligible to serve you must meet the following requirements:

- Must have a minimum of 1 year of sobriety
- Must have a sponsor and be active in the AA fellowship

If interested, contact Kye Stephenson, CSC-AD, Primary Counselor at 301-447-2360, New Horizon Mountain Manor Treatment Center. 9701 Keysville Road, Emmitsburg, MD 21727.

---

#### **THE ORENDA CENTER OF WELLNESS (SABILLASVILLE MD)**

Orenda inpatient needs speakers Friday's and Saturday's at 7 pm. Needs to be 1 year sober. Contact **Heather R. at (240) 440-3151.**

---

## **ORENDA CENTER FOR WELLNESS - (Female) - *1 Meeting Still Open!***

The WCI Corrections & Treatment Committee is looking for a few more female AA members to deliver in-person meetings for the **Orenda Center of Wellness** in Frederick, MD. These are in-person meetings held each **Monday & Wednesday** evening at 7:00pm.

Women in this program are transitioning from inpatient treatment and have 90 days or less of sobriety.

Meetings are held at 600 West Patrick St, Frederick MD. Free parking is located behind the building. Below are the AA Meeting details:

- No more than 2 females for each meeting
- At least one of the 2 speakers must have a minimum of 1 year of sobriety
- Meeting start time is 7:00pm
- In-person meeting – (not a Zoom meeting)
- Focus is on beginners to AA
- Coordinate meeting details with **Kelsea K – Director of Orenda Center of Wellness**

**There is currently 1 meeting open:**

- 5th Monday - **OPEN**

The WCI Corrections & Treatment Committee will provide contact details to Kelsea K at Orenda to confirm the commitment and ensure a smooth transition into this service position. If interested, please email **WCI Institutions** at [institutions@westcentralAA.org](mailto:institutions@westcentralAA.org).

## Office Volunteers for West Central Intergroup of Maryland AA Office

Looking for a service opportunity?

The **WCI Office Committee** is seeking several AA members to volunteer in the office answering the phones and performing other light duties.

The office is open from 8:00am to 5:00pm, Monday thru Friday and is located in downtown Frederick.

Federated Charities Building  
22 S Market St  
Frederick, MD 21701

Candidate requirements and responsibilities include:

- Minimum of one-year continuous sobriety
- Work a two-hour shift each week; same day and time each week
- Answer the phone
- Send out 'Where and When' pamphlets
- Sell AA literature

There are several openings and training will be provided by the **WCI Office Committee** chair.

If interested, please contact Bob W at 240-291-5411

You may also email [office@westcentralaa.org](mailto:office@westcentralaa.org)

# *Footprints in the Winter Sand*

Clarion Resort Fontainebleau Hotel  
10100 Coastal Highway  
Ocean City, MD 21842

Friday, February 4th - Sunday, February 6th, 2022

---

## *Schedule*

## *Speakers*

*Friday,  
February 4th*

3:00 pm - Open A.A. Speaker  
Meeting

Sue H.  
Severna Park, Md.

4:30 pm - Open Al-Anon  
Speaker Meeting

Kim C.  
Newark, De.

8:30 pm - Open A.A. Speaker  
Meeting

Judith R.  
Bismarck, ND.

*Saturday,  
February  
5th*

10:00 am - Open Al-Anon  
Speaker Meeting

Rick B.  
Ft. Lauderdale, Fl.

---

2:00 pm - Open A.A. Speaker  
Meeting

Steve W.  
Pittsburgh, Pa.

8:00 pm - Open A.A. Speaker  
Meeting

Jennifer K.  
Plano, Tx.

9:30 pm - Dance

*Sunday,  
February 6th*

10:00 am - Open A.A. Speaker  
Meeting

Marie M.  
Millersville, Md.

## Footprints in the Winter Sand Conference Registration – 2022

**There is limited seating – please register early. There will be NO REGISTRATION sold at the door.  
PLEASE PRINT LEGIBLY!!**

Registration is \$25.00. **Your cancelled check will be your confirmation, so it is suggested you register early.** Make checks payable to: Footprints in the Winter Sand (or just Footprints)

Mail to: Footprints in the Winter Sand  
P.O. Box 1079  
Salisbury MD 21802-1079

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Phone: \_\_\_\_\_

No. of people attending: A.A. \_\_\_ Al-Anon \_\_\_ Other \_\_\_  
Total Registrations: \_\_\_\_\_ x \$25.00 = \$ \_\_\_\_\_

**Only 10 tickets per registration!**

**Only the person who orders the registration may pick up the tickets.**

.....  
\* For Committee Use Only

\*  
\*  
\*

Date posted: \_\_\_\_\_

Cut along the dotted line, and mail top portion.

### *Footprints in the Winter Sand 2022 Information*

**FREE CHILD CARE (During Speaker Meetings)**

**Interpreter for the Hearing Impaired.**

**A.A. & Al-Anon Workshops, presentations, and discussion meetings.**

**Registration/Information desk opens 12:00 Noon on Friday**

**Speaker CD's or Tapes available for sale immediately following each meeting.**

**Reminder: We will not be sending out registration confirmation. Your cancelled check will be your confirmation.....**

**Lodging is NOT REQUIRED to attend Footprints in the Winter Sand. If you wish to obtain lodging for the weekend, we recommend you stay at the Clarion Resort, where the conference is being held.**



**The Clarion Resort Fontainebleau Hotel**  
**10100 Coastal Highway**  
**Ocean City MD 21842**

Telephone Numbers  
Local: 410-524-3535  
Toll Free: 800-638-2100

Web Address: [www.clarionoc.com](http://www.clarionoc.com)

#### Room Rates

Double/Double	\$95.00
Executive King	\$115.00
Studio King	\$125.00
Cabana	\$145.00
1 Bedroom Condo	\$135.00
2 Bedroom Condo	\$185.00
3 Bedroom Condo	\$235.00

Horizon's Restaurant – Indoor Swimming Pool  
Whirlpool, Sauna & Exercise Room

**FOR RESERVATIONS – YOU MUST CALL, AND SAY YOU ARE ATTENDING “FOOTPRINTS IN THE WINTER SAND.” IF YOU REGISTER THROUGH THEIR WEB PAGE, YOU WILL NOT GET THE LOWER GROUP RATE FOR FOOTPRINTS**

Rates are per night, based on single or double occupancy while condominium rates are based on a maximum of two people per bedroom. For condominiums, rates do not include daily housekeeping service. Rates are exclusive of 10.5 % sales tax. Children under 18 years of age can stay in parent's room free of charge, using existing bedding. Extra person charge is \$15.00 per person. Check in time is 4:00 pm. Guests arriving before 4:00 pm will be accommodated as rooms become available. Check out time is 11:00 am. A deposit equal to one night's room and tax is required to hold each reservation. Such deposit shall serve to confirm the reservation for the date(s) indicated and, upon check-in, shall be applied to the final night of the reserved stay. A personal check, money order or a valid American Express, Master Card, Visa or Discover card number and expiration date is acceptable for deposit. Cancelled reservations will receive a refund, if notice is given at least seventy-two (72) hours prior to arrival, and a cancellation number is obtained. There will be no refunds for early check-out. Personal checks will not be accepted as a form of payment once guests are at the hotel. Each individual is responsible for making their own reservation by January 3rd; otherwise rooms held for Footprints will be released for public use. For clarification of these rates, or for more information, please contact the Clarion Resort Fontainebleau Hotel.

## Meeting Information and Changes

### THE GOLDEN MILE ZOOM BIG BOOK STUDY GROUP

Saturday's at 6:00 pm

This Meeting Could Use Some Support

Zoom ID: 924 7376 5179

Passcode: 263381

---

### THE REVELATIONS GROUP - **HYBRID MEETING**

Saturday's at 11:00 am

The Frederick Presbyterian Church (Basement)

115 West Second St, Frederick MD

**Saturday, December 4<sup>th</sup> - Homegroup Member, Jeff W., Will Be Celebrating Five Years of Continuous Sobriety!**

(Doors Open at 10:30 am)

Parking Is Free At The Meters And In The Garages On Saturdays Through The Holidays

Masks Are Now Optional

We Will Have Coffee And Cake!

If You Can't Make It In-Person, Please Join Us On Zoom:

[Click This Link to Join](#)

<https://zoom.us/j/950848616?pwd=Y3JzRHljcmtdKM2JlVDFhQnh3T2FKdz09>

Meeting ID: 950 848 616, Password: 608633 (If prompted)

--Or--

Dial-In: +1 301 715 8592

Meeting ID: 950 848 616, Password: 6086

All Are Welcome, Especially Newcomers!

---

### JEFFERSON GROUP – **LIVE AGAIN**

Tuesday's 7:00 pm -**New Time**

Jefferson United Church of Christ, 3837 Jefferson Pike, Jefferson, MD

Use Side Handicap Entrance

Masks Are Required In The Church

---

**THE DOWNTOWN STEP GROUP MEETING – IN-PERSON**

**Sunday's 7:30 pm**

**This Meeting Needs Support. Please Join Us If You Can**

**St. John's Catholic Church, 116 East 2nd Street, Frederick, MD**

---

**ORIGINAL FREDERICK GROUP – HYBRID**

**Tuesday's 7:00 pm**

**This Meeting Needs Support. Please Attend If You Can**

**Trinity United Methodist Church, 703 W. Patrick St., Frederick, MD**

**(Enter on Kline Ave.)**

**Zoom ID: 830 7566 2991, Passwd: 662670**

---

**LAST STOP GROUP – HYBRID**

**Saturday's 7:30 pm**

**Montgomery Methodist Church, 28325 Kemptown Rd, Damascus, MD**

**Zoom ID: 359 791 7617, Passwd: None**

**This Meeting Has Been Around For Over 20 Years And Is Now In Dire Need Of Attendance Support. Please Help To Always Keep The Doors Open.**



# ***The Firing Line***

**5 E. 2nd St, Frederick Md**

**Monday Night  
Speaker Meeting  
November 29th - 6 pm**

**Chris S (Shug)  
Celebrates 1 Year**

**Speaker - Scott R**

## Sunday Morning Special Group

*This is one of Frederick County's Oldest Groups,  
We are in need of Support in order to keep it going. Please Join us!*

**LIVE MEETING**

*10:00 am Every Sunday*

*Seventh-day Adventist Church*

*15601 Catoctin Mountain Hwy*

*Thurmont, MD 21788*

*Bring your own coffee and a friend.*

**MASKS NOT REQUIRED**

*For info call: 301-639-6265*



# XRDS AA on Tues Night

## 7PM

ALL LEVELS OF SOBRIETY ARE WELCOME!  
@ 511 W. SOUTH ST, FREDERICK, MD  
(AT THE CROSSROADS CENTER)

We read from *Living Sober*, the *Alcoholics Anonymous* big book and *the 12 Steps & 12 Traditions*. Beginners in AA are encouraged to attend!

Adults only please to respect the newcomer.

Masks currently required.

Questions? Contact [PeggyR.FRN@gmail.com](mailto:PeggyR.FRN@gmail.com)

**Meeting held on the 4th Tuesday of each month at 6:30 pm  
Join Zoom Meeting**



<https://us02web.zoom.us/j/85217774704?pwd=TVhEdFpKdmxSRINvNnJHU1pYWdVaQT09>

**Meeting ID: 852 1777 4704**

**Passcode: 019347**

**Hosted by: Brandi D., Area 29 Grapevine Committee Chair**

**For more info: [grapevine@marylandaa.org](mailto:grapevine@marylandaa.org)**

**Group and District GVR's encouraged to attend 😊**

**\*Are you looking for a fun service position? Please join us and find out more! All are welcome to attend!**

---

**HAGERSTOWN AREA ALCOHOLICS ANONYMOUS – MEETING  
FINDER**

[Meetings Archive - Hagerstown Area Alcoholics Anonymous  
\(hagerstownaa.org\)](https://www.hagerstownaa.org)

## UPCOMING EVENTS

# District 40 Bringing in the NEW YEAR 2022

December 31, 2021 6pm to 1am  
Evangelical Reformed United Church of Christ  
15 W. Church Street, Frederick, MD 21701

6-7:30 Welcome  
Firehouse Subs  
Sweet Hollow Bakery Desserts  
Coffee, Tea & Water

7:30-8  
Introduction of new District 40 Officers  
Sobriety Countdown  
50/50 Raffle

8-9 Speaker  
Ken H (Columbus, Ohio)

9-1 Dancing  
DJ- Shew-sical  
Dress: FESTIVE

Only 200 seats available  
District 40 will provide some scholarships

Tickets available from  
EventBrite.com

**District 40 - Bringing in the New Year**  
\$15.00 pp + surcharge



Mason-Dixon Group

Anniversary Dinner

Saturday, December 11, 2021



Served 5:30 – 7:00 PM

\$10.00 Donation 50/50 Raffle

Please Bring a Dessert to Share

Meeting from 7:30-8:30 PM

Special Guest Speakers

Elias Lutheran Church Emmitsburg, MD

**The church has requested that masks should be worn while socializing.**

DISTRICT 18, AREA 29 MARYLAND

# A DESIGN FOR LIVING WORKSHOP

FREEDOM FROM SELFISHNESS,  
DISHONESTY, RESENTMENT AND FEAR

JANUARY 9, 2022, SUNDAY  
1:00PM-3:00PM EST

ZOOM ID: 818 3421 2164  
PASSCODE: 158158



Steps 10, 11 and 12 are referred to as the "maintenance" steps, the steps we practice on a daily basis if we are truly "practicing these principles in all our affairs". How can these 3 steps help me each day to find freedom from selfishness, dis-honesty, resentment and fear?

"There is a direct linkage among self-examination, meditation, and prayer. Taken separately, these practices can bring much relief and benefit. But when they are logically related and interwoven, the result is an unshakable foundation for life."

Reprinted from A.A. Twelve Steps & Twelve Traditions, page 97 with permission from A.A.W.S

## SpeakerSchedule:

<b>Step 10: Jimmy A., New Jersey</b>	<b>1:00pm-1:30pm</b>
Q&A Session	1:30pm-1:40pm
<b>Step 11: Mildred F., Toronto</b>	<b>1:40pm-2:10pm</b>
Q&A Session	2:10pm-2:20pm
<b>Step 12: Sue H., Severna Park, MD</b>	<b>2:20pm-2:50pm</b>
Q&A Session	2:50pm-3:00pm

Please contact [district18mdaa.org](mailto:district18mdaa.org) with any questions

## Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



**1** Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



**2** Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



**3** Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



**4** Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



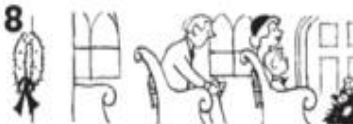
**5** Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



**6** If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



**7** Don't think you have to stay late. Plan in advance an "important date" you have to keep.



**8** Worship in your own way.



**9** Don't sit around brooding. Catch up on those books, museums, walks, and letters.



**10** Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



**11** Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



**12** "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

## **BEGINNERS WORKSHOP - ONGOING**

Do you know anyone new to AA? Do you have any new sponsees? Take advantage of this beginner orientation! Feel free to come check it out even if you're not new!

The format includes:

\*An introduction to Alcoholics Anonymous (What is AA? What is a Big book? What is a Home Group? What is a Sponsor...)

\*A speaker sharing about their beginning into the program

\*20 minutes of Q&A (There is no such thing as a dumb question)

**When: Last Saturday of each Month, 1:30 pm Eastern**

**Where: Join via Zoom**

<https://us02web.zoom.us/j/84039113545?pwd=akdzMTFBQmZSZ2o1TWZ2e1VLWSttdz09>

Meeting ID: 840 3911 3545; Passcode: 164164

## **INTERNATIONAL MEETINGS: SHOWING THE TIME DIFFERENCE**

Central Europe + 6 hours <https://alcoholics-anonymous.eu/online-meetings/>

New Zealand +16 hours <https://us02web.zoom.us/j/2923712604>

Australia + 12 to + 14 hours <https://aa.org.au/meetings/online-aa-meetings/>

United Kingdom +5 hours <https://www.alcoholics-anonymous.org.uk/members/regional-&-local-websites/Not~in~a~Region/Online-Groups>

## OTHER NEWS

**Grapevine and La Viña Are Here to Help:** To help members during this time, Grapevine is giving everyone free access to all of its 2020 Grapevine and La Viña issues. (The audio to Grapevine's stories will be available as well, so people can listen to the stories if they like.) Please share with your fellows. Also, here is a link to Grapevine's YouTube channel with some original audio stories as well as other important information. To enter, visit: [www.aagrapevine.org/we-are-here-to-help](http://www.aagrapevine.org/we-are-here-to-help).



If you have an Event/Announcement/Anniversary/Recent Meeting Change you'd like to appear in a future issue of Chatter, please send details to [wcichatter1@gmail.com](mailto:wcichatter1@gmail.com). Our Website is located at <http://westcentralaa.org/>. To unsubscribe from Chatter, please go to the website and click on the Chatter Tab at the top. Our List of Meetings (Including In-Person, Online, or Hybrid) is also posted on the website, click on "[Meetings](#)" at the top of the page. There is also a Printable Version of the meetings on the website. To Add, Remove or Change a Meeting, on the website, go to the "Meetings" Tab and choose "[Meeting Change](#)". Also, please direct your AA friends to the website to [subscribe](#) to Chatter if they are so inclined. Scan the QR Code below to visit the WCI Website.

