



Freedom from Alcohol! Women in Recovery 5th Annual Fall Frolic

**SATURDAY, OCTOBER 27, 2018
8:30 a.m. - 4:00 p.m.**

**3200 Mar Lu Ridge Road, Jefferson, MD 21755
Potomac House**

“Most good ideas are simple, and this concept was the keystone of the new and triumphant arch through which we passed to freedom.”

The Big Book, page 62

ONLY \$25 PER REGISTRANT ~ Includes Light Breakfast and Full Lunch

Come join us for a day of sisterhood including:

- Meet and Greet • Guided Meditation • Two Fabulous Speakers from Hagerstown and Frederick
- Interactive Exercises • Sharing • Sobriety Countdown • and more!

*Wear comfortable clothing and prepare to enjoy the fellowship!
Coffee, tea and water will be provided throughout the day.*

Parking: Mar Lu Ridge Retreat Center restricts parking to designated areas, so please consider carpooling and/or arriving early. Smoking will be permitted in an assigned outdoor area only.

Directions: Mar Lu Ridge Conference Center's website is www.mar-lu-ridge.org. Under the "About Us" tab, the "Directions" hot link connects you to written instructions.

We are unfortunately unable to refund for cancellations. We will, however, return registrations and checks if the conference is full. No tickets will be available after October 21.

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Name: _____ Date of Sobriety: _____

No sobriety requirement for attendance. For planning purposes only.

Address: _____

Cell Phone: _____ Home Group: _____

Email (we need an email address to process your registration): _____

Please share three unique facts about yourself. Your answers will be used in a completely frivolous activity during the Frolic!

Please mail this form and a check for \$25 to: Patty Stephens, PO Box 497, Maugansville, MD 21767.

You will be emailed your confirmation to be used as your ticket.

Questions? E-mail pattydundonstephens@gmail.com